

— IFK Aruba & Tokon Dojo present

Aruba Spring Kyokushin Camp 2024



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Photo from Spring Camp 2023

 tokondojo.com

 youtube.com/@tokondojoaruba

 facebook.com/ToukonDojoAruba

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GENERAL INFORMATION

IFK Aruba and Tokon Dojo are excited to announce the Official IFK Aruba Spring Training Camp from May 23-26, 2024

Training Camp is Open to All Skills, Levels & Stylists (Ages 8 to Adult)

Join us as we train from the rugged north coast to the beautiful, award winning white beaches of Aruba and indoor trainings at Tokon Dojo in Sero Blanco, Oranjestad. Aruba is a well-known tourist destination and extremely popular among US visitors. No better place to train than in Paradise.

Our island is known for its perfect year-round weather, but do take note that although it may seem and feel like the summer in your country, our UV index will be much, much higher than in your country, usually above 10 (Extreme), so take the necessary precautions when going outside during mid-day (hat, sunglasses, sunblock). Both the local currency, the Aruban Florin, as well as the US Dollar can be used throughout the island for all payments.

Please be sure to read information carefully & GET REGISTERED NOW!

Use the register link on Pg. 3 of this interactive brochure!

Please do not wait to register as we are limited with capacity for this event. We want to see YOU training, sweating & sharing the Kyokushin spirit! We look forward to an incredible training experience with Shihan Schenker, Senpai Gonzalez and other instructors. IFK Aruba, Tokon Dojo in consultation with Shihan Schenker reserve the right to alter/change training sessions and times to best serve safety and health of all involved.

-DSU!

Guest Instructors



**Shihan Sean Schenker
5th DAN**

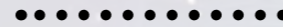


**Senpai Jonathan Gonzalez
2nd DAN**



CAMP SCHEDULE

A brief rundown on the Dates, Locations and Sessions



Thursday, May 23 Day 1



Session 1 - 6pm - 6:30pm
Location: Dojo
Welcome Instructors and Participants

Session 2 - 6:30pm - 8pm
Location: Dojo
General Training

Friday, May 24 Day 2



Session 1 - 8am - 9:30am
Location: Arikok
Arikok Training (Adults Only)

Session 2 - 3pm - 4:30pm
Location: Dojo
Kumite Training

Session 3 - 5:30pm - Sunset
Location: Eagle Beach
Sunset Training

Saturday, May 25 Day 3



Session 1 - 5:30am - Sunrise
Location: Seroe Colorado
Sunrise Training

Session 2 - 2pm - 3:30pm
Location: Dojo
Technical Training

Session 3 - 4pm - 5:30pm
Location: Dojo
Kumite Training

Sayonara Party - 6:30pm
Location: TBD

Sunday, May 26 Day 4



Session 1 - 8am - 11am
Location: Andicuri
North Coast
- Bring Towel & Dry Clothes

Spring Camp Ends



****Protective Equipment (Shin pads, mouth guards, head gear and gloves) highly recommended for Kumite sessions**

PRICING & REGISTRATION

- 1. All-In Packages
- 2. Your registration is official only when we receive your payment
- 3. Dry-fit event T-shirts available for purchase. (Perfect for the no-gi sessions)
- 4. Must pre-pay for event T-shirts
- 5. Saturday Sayonara Party at TBD
- 6. Must pre-pay for Sayonara Party ahead of time
- 7. EXACT head counts are necessary for Sayonara Party venue
- 8. NO DAY OF FOOD/DRINK AVAILABILITY if you have not paid/pre-registered.

Spring Camp Adults		Spring Camp Kids (Under 16)	
USD	150.00	USD	75.00
Afl.	250.00	Afl.	125.00

REGISTRATION NOW OPEN AT THIS LINK:
[\[Please Click or Tap Here\]](#)

REGISTRATION & PAYMENT DEADLINE: MAY 1ST, 2024

PAYMENT METHODS

Local Payments

Online Bank Transfer
 Vereniging Aruba Full Contact Karate Bond
 65.40.11.02
 Caribbean Mercantile Bank
 Description: IFK Aruba Camp - <your name>

International Payments

Paypal
 brianmarchena@hotmail.com
 Description: IFK Aruba Camp - <your name>



Brickell Bay Beach Club

Official Camp Hotel

Adult Exclusive Resort (Ages 16+)

At Brickell Bay Beach Club & Spa you are within walking distance to over 35 top rated restaurants, shops, world-class casinos and some of the best nightly entertainment Aruba has to offer. Located on Palm Beach, you are within walking distance to the most vibrant part of the tourist area.

The hotel provides guests with a relaxing beach area, situated across the road from the hotel, with full beach service. Guests can enjoy free beach lounge chairs and never have to get up early to find the best spot.

LODGING DETAILS

In Aruba, nothing is far away, but below we have curated a list of hotels located near the Dojo. **Click or tap the thumbnails for official site.**

Palm Beach Area Hotels (15min to Dojo)



Holiday Inn Aruba



Marriott Aruba Resort



Hilton Aruba Resort



Marriott Courtyard Aruba

Other Lodging Options: [\[Click or Tap for a curated list of Aruba Resorts\]](#)

Oranjestad Hotels (<5 min to Dojo)



Talk of the Town



Renaissance Aruba Resort



Hyatt Place Airport Hotel

Vacation rental options are plentiful, but our good friends at Vacation Aruba can help you find the right option quickly and easily. [\(Click or Tap Here\)](#)



ARUBA **TRANSPORTATION**

Taxis are very accessible on the island and easily reached via your hotel and or restaurants. Renting a car will give you more flexibility and are also readily available all over the island. GPS apps work perfectly on Aruba, so you will be able to easily navigate our island and reach our training spots easily.

Reach out to our friends below by Clicking or Tapping the logo for locations on our island.



ARUBA **CASUAL DINING**



Hanasaki Fusion

An eclectic Peruvian and Japanese fusion restaurant and sushi bar, featuring authentic dishes, meats, seafood and handcrafted cocktails.



Local Store Aruba

Visit our buddies at the Local Store Aruba for good food, a wide selection of craft beers and good ambiance.



Need more options?

Visit the official Aruba website for a list of popular restaurants on the island ranging from casual to fine dining.



Our Dojo

Jupiterstraat 23,
Oranjestad, Aruba



Our Email

ifkaruba@gmail.com